

CLIL Connects

Subject:	PE	Time needed: 30/40 min
Topic:	Ring swinging	
Class / Level:	HAVO/VWO	
Keywords:	Describe your final exercise + observe	

AIM:	Be able to describe your final exercise
HOW:	Your own sentences or using given vocabulary
MATERIALS NEEDED:	Rings, mats, A4 paper + pen/pencil

<i>CLIL activity designed by:</i>	Karolien and Claudia
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NAME:

Describe your final exercise (you could possibly use the following descriptions)

- Half turn
- Full turn
- Front swing
- Back swing
- Take off
- Landing
- Pull up
- Fold hang
- Etc

I start my performance with a:

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Ask, at least, 2 class members to observe your swing (final exercise)

Observation form:

Use a +/++/+/-/-/

Name of the observer:				
1.	He/ she is getting higher every swing.			
2.	He/she uses the two-step-rhythm			
3.	He/she turns in and out at the right point (deadlock), toes pointed.			
4.	He/she does the pull up/fold hang in the right way			
5.	His/her body has the right body tension in front and back swing (a banana)			
6.	The landing is solid/stable, legs slightly bent			
	What could the mark be?			