

CLIL Connects

Subject:	PE	Time needed: 10 min
Topic:	Tramper jumping	
Class / Level:	HAVO/VWO	
Keywords:	Different ways to jump	

AIM:	Repeat the language from previous lessons
HOW:	Using the given sentences + fill in the right term
MATERIALS NEEDED:	A4 + pen/pencil

CLIL activity designed by:	
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A jump in which you have to flex/bend your legs:

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A jump in which you have to stay in a straight position:

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The part between “start until reaching the trampet or springboard:”

.....

The very first moment after a two leg jump into the trampet or springboard:

.....

The “thing” you land on:

.....

The “things” you jump over:

.....or.....

How many gliding phases do you have when you jump over the box with a tuck jump?

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To end your jump in a stable/safe way:

.....

What’s the name of the equipment you land on?

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